**Big Five Personalities**

* **Emotional range**

**Emotional range – High**

Rickey tends to show a reactive and excitable personality, causing people to have the feeling of being on a “roller coaster” around him. Although usually seen as unstable or insecure, he is a dynamic individual who cares for others.

**Emotional range – Medium**

Rickey is usually good at emotional management and able to stay relatively calm and peaceful. However, there are times when he loses control and can experience unpleasant emotions easily.

**Emotional range – Low**

No one is more of an expert in emotional management than Rickey. He always demonstrates a stable and calm personality, but can be seen as uninspiring and unconcerned sometimes.

* **Openness**

**Openness – High**

With a large degree of appreciation for art, adventure and unusual ideas, Rickey is more likely to pursue self-actualization specifically by seeking out intense, euphoric experiences.

**Openness – Medium**

Unlike some of us who become numb about the grownups’ world over time, Rickey can always embrace the everyday routine with curiosity like a newly born. However, he also values the significance of being down-to-earth.

**Openness – Low**

Rickey seeks to gain fulfillment through perseverance and is characterized as pragmatic and data-driven—sometimes even perceived to be dogmatic and closed-minded.

* **Extraversion**

**Extraversion – High**

With highly abundant energy and sociability, Rickey tends to seek stimulation in the company of others. However, if the tendency gets extreme, he could be accused of being attention-seeking and domineering.

**Extroversion – Medium**

Usually Rickey owns the charisma to inspire people around him with his positive emotions and assertiveness, which he finds fairly enjoyable as well. In the meantime, he would need to spend some time alone occasionally.

**Extroversion – Low**

As a typical introvert, Rickey is sometimes perceived as aloof or self-absorbed by people who do not know him well enough. However, he tends to display more peace of mind and have a richer inner world than extroverts.

* **Agreeableness**

**Agreeableness – High**

Mostly considered as a compassionate and cooperative person by his friends and colleagues, Rickey demonstrates a high degree of trusting and helping nature, which is interpreted as naive or submissive sometimes.

**Agreeableness – Medium**

As well-tempered as Rickey is, he manages to stick to his own opinions on key issues. He is perceived to have perfectly mastered the art of saying “no”.

**Agreeableness – Low**

Rickey is the type people who never hesitates to express himself, even if he has to stand against the rest of the group to do so. He is seen as a competitive or challenging person, which can be interpreted as argumentativeness or untrustworthiness

* **Conscientiousness**

**Conscientiousness – High**

In his school years, Rickey used to be one of the most diligent students among his classmates. He is always organized and dependable, and aims for great achievement in both his academic and career life.

**Conscientiousness – Medium**

As self-disciplined and efficiency-seeking as Rickey is, he would love to be careless and spontaneous from time to time, which keeps him on a good balance in life.

**Conscientiousness – Low**

Preferring spontaneous behavior rather than planned, Rickey is the kind of people who would decide to go on a trip tomorrow and book the tickets immediately. He is perceived to be sloppy and lack of reliability in spite of his flexibility.